

Destination Partner  
**abu dhabi**  
Convention & Exhibition Bureau

# ABU DHABI ANNUAL ANESTHESIA CONGRESS

in conjunction with

# EURO-ABU DHABI INTENSIVE CARE CONGRESS

SAVE THE DATE

**11 September 2026**  
Pre-Congress Workshops

**12-13 September 2026**  
Congress

Conrad Abu Dhabi  
Etihad Towers, UAE

[www.adaac.ae](http://www.adaac.ae)



In association with





## Welcome Message



Dr. Yasser Zaghloul



Dr. Ahmed Taha



Dr. Awadh Ali Al Mahri

Dear Colleagues,

On behalf of the organizing committee, it our great pleasure to invite you to **Abu Dhabi Annual Anesthesia Congress in Conjunction with Euro-Abu Dhabi Intensive Care Congress**, taking place on **September 11-13, 2026, in Abu Dhabi, UAE.**

Under the theme "**Innovations and Precision in Anesthesia: Tailoring Care for Better Outcomes**", this prestigious congress will serve as a global nexus for groundbreaking advancements, thought leadership, and transformative discussions in anesthesia & intensive care medicine.

This prestigious congress serves as a premier platform for bringing together leading experts, healthcare professionals, and researchers from the field of anesthesia, Intensive Care, pain and perioperative medicine.

With a focus on the latest advancements and best practices in the field, the congress program features a diverse range of insightful discussions, interactive workshops, and thought-provoking sessions led by renowned international, regional and national faculty.

Your participation is vital to the success of this congress, and we look forward to welcoming you to Abu Dhabi for what will undoubtedly be a memorable and impactful gathering.

Mark your calendar for September 11-13, 2026, and join us at the Abu Dhabi Annual Anesthesia Congress in Conjunction with Euro-Abu Dhabi Intensive Care Congress. Together, let us shape the future of anesthesia and intensive care medicine and elevate the standards of care for our patients.

Best Regards,

**Dr. Yasser Zaghloul**  
Congress Chair

Director, Abu Dhabi Anesthesia Club;  
Senior Consultant Anesthesiologist,  
Sheikh Khalifa Medical City,  
Abu Dhabi, UAE

**Dr. Ahmed Taha**  
Congress Chair

Clinical Assistant Professor,  
Cleveland Clinic Lerner College of Medicine,  
Case Western Reserve University;  
Cardiac Intensive Care - Institute of Critical Care -  
Cleveland Clinic Abu Dhabi, UAE

**Dr. Awadh Ali Al Mahri**  
Congress Honorary Chairman

Head of Anesthesiology Department,  
Sheikh Zayed Military Hospital,  
Abu Dhabi, UAE

## Welcome Message



Prof. Julia Wendon



Prof. Jean-Louis Teboul

Dear Colleagues,

It is with great pleasure we welcome you to **Euro Abu Dhabi 2026**, a truly vibrant meeting focusing on Sepsis, Haemodynamic and Respiratory issues that impact our daily management of patients.

The scientific program is preceded by workshops, providing hands on input, simulation and an opportunity to closely engage with experts from Abu Dhabi and the European Society of Intensive Care Medicine. This is followed by 2 days of scientific sessions, lectures, pro cons and debates – challenge, learn, debate and engage with colleagues and experts.

We truly look forward to welcoming you to what will be a fantastic event at an amazing venue, set against the stunning backdrop of Abu Dhabi, the **Conrad at Etihad Towers**.



**Prof. Julia Wendon**  
Euro-Abu Dhabi Co-Chair  
ESICM Congress Committee Chair-Elect  
Consultant & Senior Lecturer,  
Liver Intensive Care Department  
King's College London, United Kingdom



**Prof. Jean-Louis Teboul**  
Euro-Abu Dhabi Co-Chair  
Professor of Therapeutics and Critical Care Medicine  
Medical ICU, Bicêtre University Hospital  
(Assistance-Publique Hôpitaux de Paris)  
Chief, Thorax Division, Hôpitaux Universitaires Paris-Sud,  
France



## Organizing Committee



**Dr. Mhamad Ghiyath Al Hashimi**

Head of Anesthesiology Department,  
Sheikh Shakhboub Medical City  
Abu Dhabi, UAE



**Dr. Monzer Sadeq**

Chairman, Department of Anesthesia,  
ICU & Operating Theatre,  
Danat Al Emarat Hospital  
Abu Dhabi, UAE



**Dr. Tarek Ansari**

Consultant Anesthesiologist  
Chair Anesthesiology Department,  
Corniche Hospital  
Abu Dhabi, UAE



**Dr. Omar Al-Hamad**

Consultant Anesthesiologist  
Chair of Anesthesiology & Pain  
Management,  
Sheikh Tahnon Medical City,  
Al Ain - UAE



**Dr. Osama Sami Maki Alani**

Program Director, Anesthesia  
Residency Programs (Emirati,  
Saudi & Arab Boards) - Dubai  
Health Anesthesia Consultant,  
Rashid Hospital - Dubai Health, Dubai, UAE



**Dr. Nabil Al Khoury**

Head of Critical Care Department,  
Reem Hospital,  
Abu Dhabi, UAE



**Dr. Mahmoud Youssef**

Head of Anesthesia Department,  
Mediclinic Airport Road Hospital,  
Abu Dhabi, UAE



**Dr. Farah Bilal**

Consultant Anesthesiologist  
Regional Head of Anesthesia &  
Head of Department, Burjeel Royal Hospital  
Al Ain, UAE



**Dr. Yasdet Maldonado**

Chair, Anesthesiology  
Cleveland Clinic Abu Dhabi  
Abu Dhabi, UAE



**Dr. Samer Shouman AlKahwaty**

Consultant Anesthesiologist & Head of Department  
Burjeel Hospital Abu Dhabi  
Abu Dhabi, UAE



**Dr. Aaref Obaid Al-Kaabi**

Consultant Anesthesiologist  
Zayed Military Hospital  
Abu Dhabi, UAE



**Prof. Dr. Gamal Zakaria Hewidi**

Professor & Consultant of Anesthesia  
and Critical Care,  
Sheikh Khalifa Hospital Fujairah (SKHF)  
Fujairah, UAE



**Dr. Francisco A Lobo**

EuroSIVA Chairman;  
Editor in Chief, Journal of Clinical  
Monitoring and Computing;  
ESAIC Scientific Committee  
- Subforum of Pharmacology  
Yas Clinic / Abu Dhabi Stem  
Cells Center, UAE





## Scientific Committee



### **Dr. Yasser Zaghloul**

Congress Chair  
Director, Abu Dhabi Anesthesia Club;  
Senior Consultant Anesthesiologist,  
Sheikh Khalifa Medical City,  
Abu Dhabi, UAE



### **Prof. Ehab Farag**

Professor of Anesthesiology,  
Cleveland Clinic Lerner College of Medicine,  
Case Western Reserve University  
Director of Clinical Research,  
Department of Anesthesia, Cleveland Clinic  
Cleveland, Ohio, USA



### **Prof. John Doyle**

Professor Emeritus, Cleveland Clinic  
Lerner College of Medicine,  
Case Western Reserve University  
Consultant Anesthesiologist,  
Department of General Anesthesiology,  
Cleveland Clinic, USA



### **Prof. Safaa Helal**

Founder & General Manager of  
Egyptian Society of anaesthesiology  
and Acute care (ESAAC)  
Professor of Anaesthesiology, ICU  
& Pain Management  
Menoufia University, Egypt



### **Prof. Nibras Bughrara**

Professor of Anesthesiology and  
Critical Care Medicine  
Vice Chair of Education  
Albany Medical College  
Albany, New York, USA





## Learning Objectives

**At the end of the Abu Dhabi Annual Anesthesia Congress, participants will be able to:**

- Explore cutting-edge research, technologies, and innovations shaping the fields of anesthesia and critical care medicine.
- Gain practical insights into the most up-to-date, evidence-based approaches to optimize patient care and safety in anesthesia and intensive care settings.
- Recognize advanced strategies for managing complex perioperative and critical care cases, including high-risk patients and emergencies.
- Foster collaboration among anesthesiologists, intensivists, and multidisciplinary healthcare teams to improve clinical decision-making and outcomes.
- Develop Skills through Hands-On Workshops
- Identify and implement innovative approaches to enhance patient safety, reduce complications, and improve outcomes in anesthesia and intensive care settings.
- Engage in discussions on overcoming challenges in resource-limited settings, sustainability in healthcare, and emerging global health threats.
- Stay abreast of emerging trends, guidelines, and policies affecting the future of anesthesia and critical care medicine.

**At the end of the EURO Intensive Care Congress, participants will be able to:**

- The pathways to providing individualised care
- Management of ECMO in complex scenario
- Guidelines / definitions and practical guidance
- Resuscitation - options to achieve this
- Monitoring - what do you need
- Antimicrobials - their use and abuse
- Organ interactions

## Key Features

- Evidence-based case studies
- National, Regional & International Experts
- Keynote presentations that highlight the integrated, multispecialty care
- CME Accredited sessions
- Networking opportunities

## Target Audience

- Anaesthesiologists
- Surgeons
- Pain Management
- Neurologists
- ICU Physicians
- Critical Care Physicians
- Emergency Medicine Physicians
- Physical Medicine
- Physiotherapy
- Nurses and Paramedics
- Residents, interns, fellows and medical students are also welcome
- Allied Health Professionals



## Speakers



**Prof. Ehab Farag**

Professor of Anesthesiology,  
Cleveland Clinic Lerner College of Medicine,  
Case Western Reserve University  
Director of Clinical Research,  
Department of Anesthesia, Cleveland Clinic  
Cleveland, Ohio, USA



**Dr. Bryan Mahoney**

Associate Professor,  
Department of Anesthesiology  
Residency Program Director &  
Vice Chair of Education,  
Mount Sinai West Hospital, New York, USA



**Dr. Lev Deriy**

Associate Professor of Anesthesiology,  
Department of Anesthesiology  
Columbia University Irving Medical Center  
New York, USA



**Prof. Nabil A. Shallik**

Associate Professor of Clinical Anesthesiology  
Weill Cornell Medicine & Qatar University  
Senior Consultant, Anesthesia, ICU &  
Perioperative Medicine, Hamad Medical  
Corporation (HMC), Doha, Qatar



**Dr. Orode Badakhsh**

Clinical Professor, Department of  
Anesthesiology and Pain Medicine  
University of California, Davis Health  
Sacramento, California, USA



**Dr. Sandeep Khanna**

Associate Professor & Program Director,  
Anesthesiology Residency  
Cleveland Clinic Foundation  
Cleveland, Ohio, USA



**Dr. Stacey Watt**

President, New York State Society of  
Anesthesiologists; Clinical Professor of  
Anesthesiology, University at Buffalo,  
Jacobs School of Medicine, USA



**Prof. D. John Doyle**

Professor Emeritus of Anesthesiology,  
Cleveland Clinic / Case Western Reserve University  
Ohio, USA



**Prof. Massimo Lamperti**

Vice Chair, Sustainability -  
Integrated Hospital Institute  
Cleveland Clinic Abu Dhabi  
Abu Dhabi, UAE



**Dr. Amr Abdelaal**

Consultant Anaesthetist  
Addenbrooke's Hospital-  
Cambridge University Hospitals  
Cambridge, United Kingdom



**Prof. Nibras Bughrara**

Professor of Anesthesiology and  
Critical Care Medicine  
Vice Chair of Education  
Albany Medical College  
Albany, New York, USA



**Dr. Aliaksei Pustavoitau**

Associate Professor of Anesthesiology  
and Critical Care Medicine,  
Johns Hopkins University  
Baltimore, USA





## Speakers



### **Prof. Safaa Helal**

Founder & General Manager of Egyptian Society of anaesthesiology and Acute care (ESAAC)  
Professor of Anaesthesiology, ICU & Pain Management  
Menoufia University, Egypt



### **Dr. Francisco A Lobo**

EuroSIVA Chairman;  
Editor in Chief, Journal of Clinical Monitoring and Computing;  
ESAIC Scientific Committee  
- Subforum of Pharmacology  
Yas Clinic / Abu Dhabi Stem Cells Center, UAE



### **Mr. Ahmad Yousef Abdal Afou Nemir**

Senior Anesthesia Technologist /  
Team Leader, Anesthesia Technologists  
Sheikh Khalifa Medical City (SKMC)  
Abu Dhabi, UAE





## Session Chairs



### **Prof. Marie Aouad**

Professor and Chair, Department of Anesthesiology and Pain Medicine  
American University of Beirut Medical Center (AUBMC), Beirut, Lebanon



### **Prof. Mohamed Ahmed Hamed Ismail**

Founder, Egyptian Society of Anaesthesiology and Acute Care (ESAAC)  
Professor and Head, Department of Anesthesia, Surgical ICU, and Pain Management  
Faculty of Medicine, Fayoum University, Egypt



### **Prof. Ahmed Shorrab**

Senior Consultant & Head of Department, Anesthesia, University Hospital Sharjah, Sharjah, UAE



### **Dr. Ahmed Abdel-Aziz**

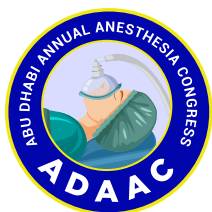
Consultant Paediatric Anaesthetist and Paediatric Intensivist,  
Sheikh Khalifa Medical City (SKMC), Abu Dhabi, UAE



### **Dr. Naren Raj**

Program Director, Anesthesia Residency Program  
National Institute of Health Sciences  
Consultant in Anesthesia and Pain Management,  
Sheikh Tahnoon Medical City  
Al Ain, UAE





## Program at a Glance

### Day 1 - Saturday 12th September 2026

| Time  | Anesthesia & Pain Track                       | Euro-Abu Dhabi - ESICM  |
|---|---|---|
| 08:30-10:00   | Plenary Lectures                              |   |
| 10:00-10:45   | Opening Ceremony                              |   |
| 10:45-11:00   | Coffee Break                                  |   |
| 11:00-12:30   | Session 1: Obstetric Anesthesia               | Session 1: Euro-Abu Dhabi ESICM Cardiovascular and Hemodynamics |
| Hemodynamics  | Company Symposium                             |   |
| 13:00-14:00   | Lunch Break                                   |   |
| 14:00-16:00   | Session 2: Difficult Airway Society Symposium | Session 2: Euro-Abu Dhabi ESICM Sepsis and Septic Shock         |
| 16:00-16:15   | Coffee Break                                  |   |
| 16:15-18:15   | Session 3: General Anesthesia                 | Session 3: Euro-Abu Dhabi ESICM Respiratory Critical Care       |
| ADAAC 2026 & Euro-Abu Dhabi ESICM Congress - End of day One I |   |   |

### Day 2 - Sunday 13th September 2026

| Time   | Anesthesia & Pain Track<br>American Society of Anesthesiologists (ASA) Symposium | Euro-Abu Dhabi - ESICM<br>Day 2                            |
|--|--|--|
| 8:30 - 10:30   | Session 4: ASA Session   | Session 4: Euro-Abu Dhabi ESICM Neurocritical Care         |
| 10:30 - 11:00  | Company Symposium  |  |
| 11:00 - 11:30  | Coffee Break   |  |
| 11:30 - 13:15  | Session 5: ASA Session II  | Session 5: Euro-Abu Dhabi ESICM Gastrointestinal and Renal |
| 12:30 - 13:00  | Company Symposium  |  |
| 13:00 - 14:00  | Lunch Break  |  |
| 14:00 - 16:00  | Session 6: ASA Session III   | Session 6: Euro-Abu Dhabi ESICM New Guidelines             |
| 16:00 - 18:00  | Session 7: ASA Session IV  | Session 7: Euro-Abu Dhabi ESICM Round Table Discussion     |
| ADAAC 2026 & Euro-Abu Dhabi ESICM Congress - End of The Congress |  |  |

# CONFERENCE GLIMPSE 2025



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## EURO-ABU DHABI INTENSIVE CARE CONGRESS

11 September 2026 / Workshops  
12-13 September 2026 / Conference

Conrad Abu Dhabi Etihad Towers, UAE

## HOW TO REGISTER

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### Personal Details

Full Name:

Job Title:

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Fax:

Yes, I would like to receive information on future events by e-mail.

I do not want my address to appear on the delegates list.

### Registration Fees

Please select the conference that is relevant to your speciality. **5% VAT (Value Added Tax) will be added as per UAE Law.**

#### Congress Registration Categories

|                                |                    |
|--------------------------------|--------------------|
| Doctors                        | 1500 AED / 408 USD |
| Non-Doctors                    | 1000 AED / 272 USD |
| Residents/<br>Medical Students | 750 AED / 204 USD  |

A confirmation email will be sent upon receipt of your registration form. Please note that full payment must be received prior to the event. Payment can be made via Online / Credit card / Cheque/Bank drafts in AED. All payment should be in favour of MENA Conference.

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- By Online ([www.menaconference.com](http://www.menaconference.com))  By cheque payable to MENA  
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### Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

### Event Venue

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